

**HEAD OF SPORTS CLUB
KUNAKH S.N.**

**I APPROVED
HEAD OF THE DEPARTMENT OF FV
GOLOVIN I.L.**

**SCHEDULE
EDUCATION AND TRAINING LESSONS
2023-2024 SCHOOL YEAR**

No.	KIND OF SPORT	HALL No.	FULL NAME. COACH	MONDAY-K	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	COUNT. HUMAN
1	BASKETBALL (men)	1	GOLOVIN I.L.		17.00-19.00		17.00-19.00			30
2	BASKETBALL (women)	1	Zakiullin R.R.	17.00-19.00				17.00-19.00		15
3	BASKETBALL (gr. com.)	1	KUZYAKOV R.		19.00-21.00		19.00-21.00			
4	VOLLEYBALL (men)	3	ELEUKESHOV O.N.		17.00-19.00		17.00-19.00			20
5	VOLLEYBALL (women)	3	ELEUKESHOV A.	17.00-19.00		17.00-19.00				15
6	VOLLEYBALL (gr. com.)	3	SARY-ARKA	19.00-21.00		19.00-21.00		19.00-21.00		
7	VOLLEYBALL (health group)	3	SADCHIKOV A.V.		19.00-21.00					
8	B/TENNIS	12	SHEGAY V.G.						14-00-17-30	
9	B/TENNIS	1,2	NECHAYEVA T.V.	19.00-21.00						
10	B/TENNIS	2	KUNAKH S.N.			17.00-20.00			09-00-12-00	8
11	B/TENNIS	1,2	Shabalina M.V.			19.00-21.00		19.00-21.00		
12	CALANETICS	exercise thera	KUNAH T.	18-00-19-30			18-00-19-30			
13	FUTSAL	2	OKASOV E.A.		17.00-19.00		17.00-19.00	17.00-19.00		30
14	FUTSAL (gr.com.)	2	ZHAKEEV ZH.R.		19.00-21.00					
15	FUTSAL (gr.com.)	2	SHANTAKOV M.				19.00-21.00			
16	FUTSAL (health group)	2	RABATULY M.					19.00-21.00		
17	KAZAK KURESI, WRESTLING	Z. struggle	RAKHIMBEKOV B.K.		17.00-19.00		17.00-19.00			20
18	N/TENNIS, man/woman.	N/T	ISABAEV E.ZH.		17.00-19.00		17.00-19.00			20
19	CHESS / CHECKS / TOGYZ KUMALAK	Chess club	MADIYAROV M.K.		17.00-19.00		17.00-19.00			30
20	WEIGHT-LIFTING	Tren. h.	KUZHAKHMETOV S	17.00-21.00		15.00-21.00		15.00-21.00		10
21	general physical training	Tren. h.	Sadenov R.M.		17.00-21.00		17.00-21.00		12-00-21-00	
22	WINTER MULTI-SPORTS	L/B	SAIDULIN V.N.	15-00-18-00			15-00-18-00		10.00-12.00	20
23	YOGA	H. STRUGGL	Seleznev O.	18-30-20-00		18-30-20-00		18-30-20-00		

