# **POSITION** about the traditional inter-faculty sports contest of Karaganda Technical **University in 14 sports**

#### 1. Goals and objectives

- 1. attraction student to regular youth classes physical culture and sports.
- 2. Upbringing at student youth needs in physical improvement and a healthy lifestyle.
- 3. Development of the main sports at the University.
- 4. Identification of the strongest athletes to complete the combined teams of the University.

#### 2. Competitors

Full-time students and undergraduates of all courses and specialties of 7 faculties (GF, ASF, MF, TDF, FIT, FEAT, FIEM) are allowed to participate in the competition.

## 3. Sports, timings and chief judges 1st semester

- 1. Cossack Kures
- 1. N/tennis (m., w)
- 2. Shooting (m., w)
- 3. Chess (m., w)
- 4. Checkers (m., w)
- 5. Togyz-kumalak (m., f)
- 7. Bench press (m.)

#### 2 semester

- 1. Athletics (m., w)
- 2. Volleyball (m.)
- 3. Volleyball (Women)
- 4. Basketball (m.)
- 5. Futsal (m.)
- 6. Cross (m., f.)
- 7. Presidential all-around (m., w.)

### 4. Spartakiad management

General management is carried out by the sports club and the department of physical education. Direct conduct by sports is assigned to the main panel of judges and the panel for sports, approved by the sports club and the department of physical education.

## 5. The procedure for determining the team championship

The team championship is determined by the largest amount of points received by the faculty in the sports that are part of the Olympics.

1st place - 10 points, 2nd place - 8 points, 3rd place - 6 points, 4m - 4.5m - 3.6m - 2, 7 m - 1.

### 6. Rewarding

Teams occupied 1,2,3 places in team championship, are awarded with diplomas and a challenge cup.

### **Conditions for competitions in sports**

#### 1. Table tennis

Competitions personally - command. Composition 2+1. Teams play in subgroups. Winner - 2 points. The loser - 0. In case of equality of points for 2 teams, the advantage for the team that won the meeting between them, for 3 teams - victory is determined by the ratio of won and lost games. Substitutes 1+1 are allowed in the teams. Games of 5 games, up to 3 wins.

#### 2. Mini football

Composition of the team 12 people.

1st group A, 2nd group B.

1 stage of the competition - round robin games in groups.

2 stage - semi-finals: 1 team A with the second team of group B and the second group A from the first group B.

3rd stage of the game for 1-2 place, 3-4, 5-6, 7-8.

- 1 stage: at equality points at 2nd commands, championship given:a) by personal meeting;
- b) by overall best goal difference;
- c) by more goals scored.

In case of equal points for 3 teams, the games between these teams are taken into account: the ratio of goals between these teams, the greater number of goals scored, lots.

Games are held - 2 halves of 20 minutes.

- 2 and 3 stages, in case of a draw extra time 2 halves of 5 minutes, then a penalty kick of 5 hits.
  - 3 points for a win, 1 point for a draw, 0 points for a loss.

The player who receives the red card misses the next game. Also, the player who received a red card (disciplinary): a fight, obscene expression is suspended until the end of the tournament.

#### 3. Chess

Team composition 2+1. Team competitions. They are held in 2 subgroups, on boards, in accordance with the rules of the competitions of the chess code. For a win - 1 point, a draw - 0.5, a loss - 0. Time for the game for each participant is 15 minutes. In case of equality of points for 2 teams, the advantage is given to the team that won the match between them. In case of equality and this indicator, preference is given to the first, then the second, etc. boards.

Teams that took 1-2 places in subgroups go to the "A" final with a point and compete for places from 1 to 4. Those who took 3-4 places in subgroups go to the "B" final with a point and play for places from 5 to 8.

## 4. Volleyball

The team consists of 10 people. Game of 3 parties. 2 points for a win, 0 for a loss.

Teams play in subgroups. The rules of the game are like in football.

# 5. Bench press

Composition of 6 people. Score for 5.

Competitions are held according to the rules of the IPF Federation.

Participant given three attempts in offset goes the best attempt. Competitions are held in the following categories: 59;66;74;83;93;105 kg.

# 6. Togyz-kumalak

Team competitions. Composition 2+1. The rules of the game are like in chess.

## 7. Shooting

Shooting from an air rifle is performed while standing with elbows resting on a table at a distance of 5 m at target No. 8 (3 test and 5 test).

Compound commands 4+2. General time on the shooting 10 min. To each participant.